



IHN-CCO Transformation
Summary of Current Pilots
for Benton County

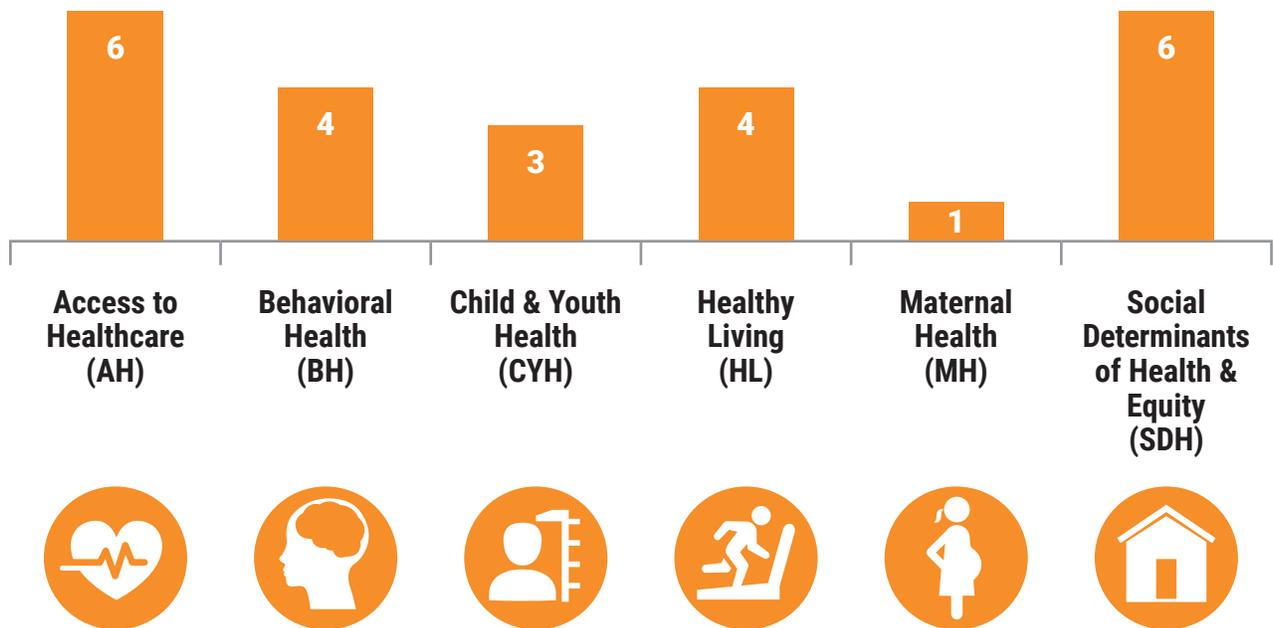
Winter 2020

Be Healthy. Be Happy.

These are the current InterCommunity Health Network Coordinated Care Organization (IHN-CCO) Transformation pilots in Benton county. Pilots are selected from a competitive Request for Proposals process. The goal is to achieve better quality healthcare, lower costs, and more access to services.

To be considered, pilots must meet at least one Community Health Improvement (CHIP) area. The new pilots in 2020 must address at least one CHIP Outcome and Indicator Concept in the area of Social Determinants of Health and Equity. The graph below shows the CHIP areas addressed by each pilot and the icons are carried through the document to represent CHIP areas for each pilot summary.

Transformation Pilots by CHIP Area and by County



Community Doula

Date range: January 2018 – December 2020

Location: Benton, Lincoln, and Linn counties

Site: Heart of the Valley Birth and Beyond



Birth doulas are Traditional Health Workers that build trusting relationships with pregnant members and provide physical, emotional, and informational support during labor and birth. The goals of the pilot are to increase the number of birth doulas, improve health outcomes, and evaluate medical cost savings for pregnant members of IHN-CCO.

Health Outcomes:

- Increase number of Spanish speaking doulas in the community
- Improve birth outcomes such as prematurity, cesarean-section, and pain medication use
- Cross train active multi-lingual doulas to serve as health care interpreters

Sustainability: If successful, Heart of the Valley Birth and Beyond will bill for services and seek out funding for the training portions of the pilot.

Helping High School Students to Understand Pain, Opioid Addiction, and Healthy Self-Care

Date range: January 2019 – December 2020

Location: Benton County

Sites: Corvallis School District



This pilot's main goal is to create curriculum to teach high school students how to understand pain and take care of themselves better. The pilot also provides access to wellness classes and works on emergency department diversion.

Health Outcomes:

- Decreased emergency department use
- Improved access to wellness classes
- Reduced access to opioids (pain medicine)

Sustainability: If successful, the Corvallis School District will continue providing services and expanding the curriculum.

Homeless Resource Team

Date range: January 2019 – June 2020

Location: Benton County

Sites: Samaritan Health Services



The Homeless Resource Team includes a case manager, Health Navigator, and Homeless and Vulnerable Patient Committee to help homeless patients find supportive housing. The pilot partners with local health departments, housing agencies, and community service organizations.

Health Outcomes:

- Improved primary care use
- Decreased emergency department use

Sustainability: If successful, the partnerships will continue, and funding will occur through medical billing and reduced costs.

Integrated Foster Child Wellbeing

Date range: January 2019 – December 2020

Location: Benton, Lincoln, and Linn counties

Champion: Dr. Carissa Cousins
Samaritan Health Services



The purpose of this pilot is to develop a model of care to find the best way to coordinate care for high-need foster children. Key activities are coordination of services, intensive care coordination, creating partnerships, and establishing a sustainable model.

Health Outcomes:

- Provide timely medical, dental, and mental health care for all foster children
- Support foster youth and families during transition periods

Sustainability: If successful, the partnerships will continue, and funding will occur through medical billing and reduced costs.

Peer Wellness Specialist Training

Date range: January 2018 – December 2020

Location: Benton, Lincoln, and Linn counties

Champions: Family Tree Relief Nursery and
Traditional Health Worker Workgroup



This pilot will have certified training courses for Peer Wellness Specialists (PWSs) in the tri-county area. PWSs are Peer Support Specialists (peers trained in addiction and recovery) with additional training. They work to help people become healthier.

Health Outcomes:

- Identify members in need of Peer Wellness Services
- Increase the number of PWSs working in the region

Sustainability: If successful, the training will continue to be offered by the Traditional Health Worker Hub at an affordable cost.

Skills and Connections to Support Housing

Date range: January 2020 - December 2020

Location: Benton County

Site: Corvallis Housing First



The Skills and Connections to Support Housing pilot is implementing a program to increase the skills, knowledge, and confidence of residents. The skills and connections to resources will help with employment, education, and more. The end result will be greater stability for residents and less spending on expensive services.

Health Outcomes:

- Increased permanent supportive housing
- Improved housing stability rates
- Closed loop referral system and service coordination for residents developed

Sustainability: If successful, Corvallis Housing First will work with IHN-CCO to contract for services.