

Planned & Crisis Respite Care

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morrison
child & family services

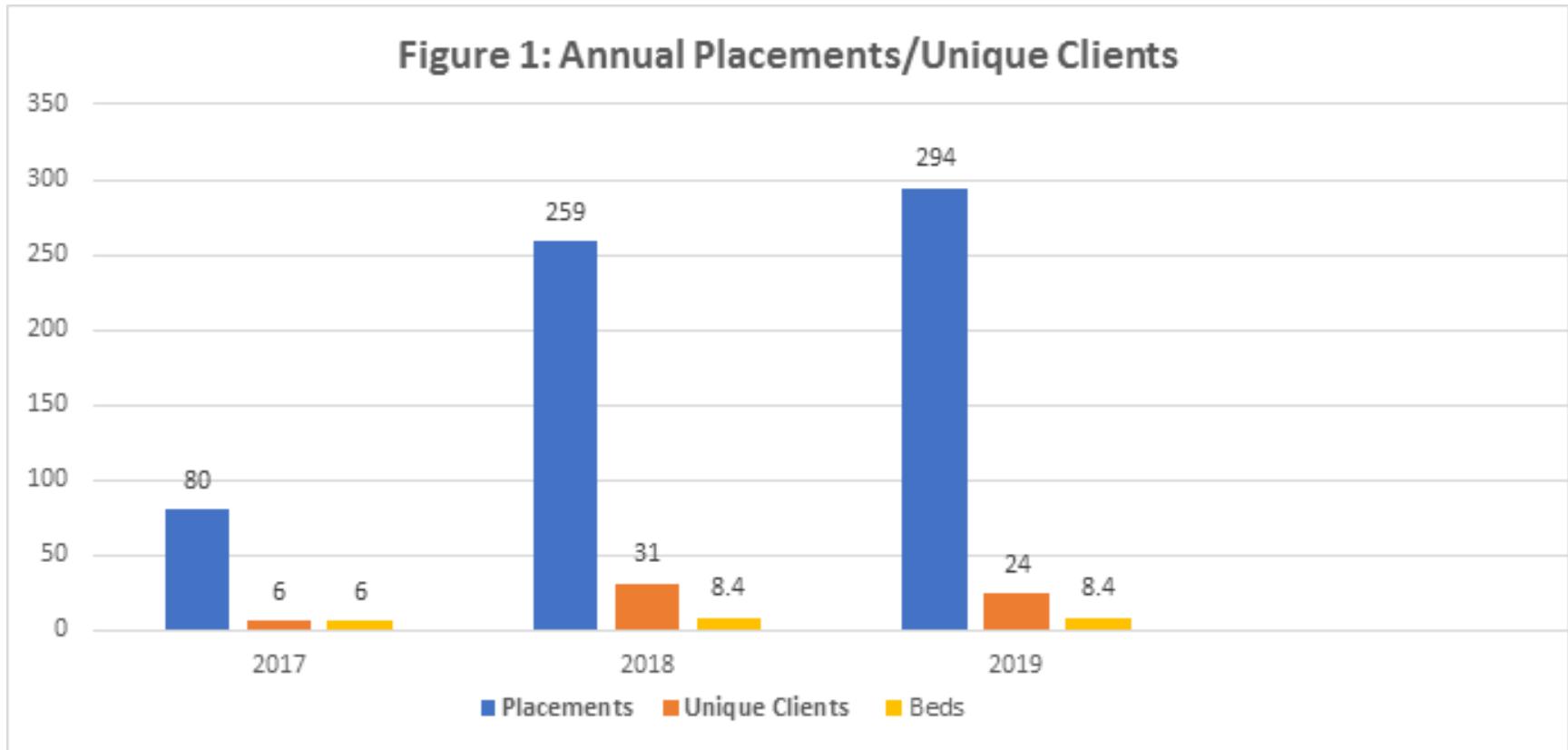
Pilot Summary

- **Start/End Date:** January 1st, 2019-December 31st, 2019
- **Budget:** \$ 105,451. 49
- **Description:** Planned and Crisis Respite Care (PCRC) provides respite services using Morrison certified foster homes in the tri-county area for IHN-CCO members ages 3 to 17. The aim of the pilot is to stabilize families at risk of disruption due to reoccurring mental health and behavioral challenges.
- **Key activities:**
 - Advertise the need for respite providers/foster homes
 - Attend community events
 - Collaborate/outreach with community partners to increase awareness and general referrals (e.g., Volunteer at Lincoln City half-marathon, Lincoln County Chamber of Commerce, KNPT-AM Radio Interview, Open Houses)
 - Certify/re-certify foster homes (pre-service training, quarterly safety checks)
 - Match providers with child and youth referrals, schedule respite
 - Provide bi-monthly foster/respite provider support nights

Key Outcomes

- Specific key outcomes of the pilot
 - Increase the overall number of certified foster homes
 - Increase the utilization of respite services
 - Reduce barriers to accessing respite services
- Examples:
 - Total of 13 foster parent applicant inquiries
 - Total of 6 certified beds, 1 new certification in Lincoln County, and
 - 1 applicant in process for Lincoln County
 - Increased utilization of respite homes
 - In FY 2019, received 30 referrals, served 24 unique clients
 - Increased utilization to over 294 respite nights

Key Outcomes



Successes

- Additional successes beyond Key Outcomes such as processes refined, other difficult to measure outcomes, etc.
 - Number of unique IHN-CCO members served from Lincoln = 10; Benton = 9; Linn = 5
 - Served IHN-CCO members from all 3 Counties
 - Several clients served stabilized placements in part from support through respite service

Learning Experiences

- Did you make any changes because you learned how to do something better?
 - We utilized new recruitment strategies for this pilot with support from community partners including local radio station interviews, press releases, open house events, volunteered at the Lincoln City Half Marathon, increase advertising in Newport News Times.
- Did something not work so you adjusted, what/how did you adjust?
 - For Lincoln County we learned a relational based recruitment strategy works best.
- What were the key factors that helped the pilot through a difficult period?
 - IHN-CCO rate increase
 - Relationship with community partners (e.g., System of Care Coordinator, Olalla Center, Lincoln City Chamber of Commerce, Board of County Commissioners)

Partnerships & Collaboration

- New partnerships or linkages because of the pilot?
 - System of Care Coordinator, Newport and Lincoln City Chamber of Commerce memberships
- What is the status of your pre-pilot partners? Were any of your partners affected by the pilot? Did your relationship with any partners change?
 - Continued collaboration with Olalla Center
 - ABC House supported referrals and foster parents training opportunities
 - Lincoln County Mental Health referrals
 - DHS Child Welfare offices – continued collaboration and partnership in serving children and families in foster care

Remaining Challenges

- **Need more respite providers**
 - Current: 5 home in region; 1 in Lincoln County; 1 in process in Lincoln County
- **Recruitment**
 - Limited funds for advertising and marketing
 - New strategies needed
- **Length of time it takes for certification,**
 - pre-service training (28 hours), background checks, and safety specifications
 - Recent data collected through the statewide Foster Plus campaign indicates that it can take up to two years from initial inquiry to certification
- **1 local FTE to support efforts in the region, remaining FTE in Portland**

Post Pilot Sustainability

•Sustainability

- We are working on obtaining continuation funding through IHN-CCO to continue to support our efforts at recruitment in the region.
- IHN-CCO increased our respite rates to help with sustainability. Goal is for the number of respite nights billed to sustain the program costs.
- Currently we are billing 25 nights per months and to sustain need 60-65 nights per month at current staffing levels

•Replicability

- Morrison respite services are available in Linn, Benton and Lincoln Counties currently – this past pilot established more homes in Lincoln County

•Scalability

- Currently serving higher numbers of Lincoln County IHN-CCO members throughout the region (Linn, Benton, Lincoln).